Terms & Conditions

Sessions are 1hour in duration unless specified otherwise on the class timetable.

Classes must be paid for in full and in advance of the course/block start date in order to secure your place. Payment can be made by either Cash, Cheque or bank transfer. No refunds of pre-payment can be given on or after the course/block start date.

Block bookings are mutually beneficial giving you a reduced cost and incentive to make a regular commitment, vitally important to Pilates practice, as well as guaranteeing me viable class participant numbers, reducing administration and confusing multi- layered payment options. Paying a reduced cost also offsets occasional absences and works out that 1 session per block can be missed without incurring financial loss greater than 50p.

Bookings are valid for the course dates for which they were registered and any missed sessions cannot be carried over or transferred into the next block under any circumstances. There is no transferral of classes from block to block or to another participant.

Block Booking

6 week term time blocks to (where possible) follow school term dates at a cost of £39 per person per block. \*Price adjustments will be made for blocks which vary from the usual 6 weeks. Participants book a block of six sessions (one per week) at their preferred venue and time by contacting me and I will add you to the register for that particular session and confirm it with you upon receipt of full payment. For those of you who like to attend two sessions per week, the blocks will need to be registered in the same way by choosing the time venue and day's that suit you best and paying in advance of the course to secure your places. There is a further reduction for booking 2 blocks, this will be priced at £70. \*based on 6 weeks course duration.

School Holiday's Classes will run at a reduced timetable and on a pay as you go basis. Regular block bookers will pay the reduced rate for these sessions.

Pay As You Go

Pay as you go participants are welcome but still need to book in advance. These drop in spots are very limited in number and so may not be available at your usual class time or venue. Sessions are £7.50 per person and a minimum of 24hrs notice is required for cancellation or you will be charged for missed sessions.

If for any reason the session has to be cancelled by me, I will either adjust your next block payment, refund or provide a complimentary holiday's session to make up for the missed class.